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## Sexual Violence against Older People: A Review of the Empirical Literature

Ageing and sexual violence are both established areas of research, but little attention has been paid to research into sexual violence against older people. This article presents a critical review of the literature reporting empirical research in three overlapping fields of inquiry: elder abuse, domestic violence and sexual violence, identifying points of theoretical and methodological similarity and difference across academic disciplines. Using a range of search terms combining age, sexual violence and elder abuse, the following databases were searched: EBSCOHOST, Ingenta-Ingenta connect and JSTOR. In total, the databases searches returned 40 relevant articles and an additional 9 relevant articles were found through manual searches of bibliographies and Google searches, which were grouped into three categories: elder abuse, domestic violence in later life and sexual violence against older people. Four themes common across these fields emerged: prevalence; characteristics of victims and risk factors; impacts and coping strategies; and perpetrator and assault characteristics. The findings in each area are discussed in detail, exposing gaps in knowledge and understandings of sexual violence against older women. The article ends by defining a future research agenda for this underexplored phenomenon that is of increasing importance in a context of global ageing.

## Sexual Violence against Older People: A Review of the Empirical Literature

#### Introduction

Sexual violence is a violation of human rights and has been described as a worldwide epidemic affecting millions of people. For the majority of reported cases, women are victims and men are perpetrators. It is estimated that 1 in 4 women will experience at least one incident of sexual violence during their lifetime. An international report by the World Health Organisation (WHO, 2013) reports that, globally, 35.6% of women experience sexual or physical violence at least once in their lifetime. Research has shown that reports of rape and sexual assault decrease with age, leading to the conclusion that victimisation and risk also declines with age. It is perhaps for this reason that some surveys have excluded respondents over the age of 60 (e.g. the Crime Survey for England and Wales) and the primary focus of sexual violence research has been on young women. Despite violence against women surveys revealing that sexual violence does not completely dissipate with age (Stöckl et al, 2012; FRA, 2014), the idea that older women can be victims of sexual assault is relatively recent and little understood (Mann et al, 2014). It remains one of the last taboos (Jones and Powell, 2006) but despite the silence that surrounds the topic, it is becoming increasingly evident that sexual violence against older people, in particular women, occurs in a range of settings and circumstances (Mann et al, 2014).

Although there is some recognition and acceptance that sexual violence does happen to older people, there is a lack of research exploring it and no easily identifiable body of literature informing the issue. Rather, the existing literature is somewhat bitty, as it exists in the pockets of criminology, elder abuse and domestic violence fields, making it difficult to get a comprehensive overview of sexual violence against older people. The three fields have evolved

separately and continue to be treated as distinct, despite the obvious overlaps across definitions and approaches (McCreadie, 1996; Whittaker, 1995; Penhale, 2003). This is perhaps most surprising to feminists, particularly those working in the field of intersectionality. However, as Jones and Powell (2006) point out, feminists have mostly distanced themselves from issues relating to older women. The lack of feminist empirical research and theory underpinning sexual violence against older women has not gone unnoticed (Wolf, 1997; Whittaker, 1995; Jones and Powell, 2006) however, to date there has been a lack of concerted effort to address this gap.

This article presents an overview of the research which has emerged over the last four decades to further understandings of sexual violence against older people, drawing empirical literature from three fields of inquiry: elder abuse; domestic violence; and sexual violence. By examining the literature across three fields and the ranging contexts, a more comprehensive picture of sexual violence against older people is possible. Whilst there have been other reviews in each individual field (Cooper et al., 2008 and Daly et al., 2011; Roberto, Mcpherson and Brossoie, 2013; Ball, 2005; Yan et al, 2015; Fileborn, 2016), this is the first comprehensive review that brings together all of the empirical data across the fields in relation to sexual violence against older people. It builds on earlier reviews by Ball (2005) and more recently, Fileborn (2016) which both examined sexual violence against older people but addressed different areas of literature. Ball's review was not a systematic review and focused more narrowly on the literature specifically relating to sexual violence and older people, which did not incorporate elder abuse or intimate partner violence. The number of articles reviewed by Ball was less than 15. Whilst Fileborn's review was wider in scope than Ball's, the focus was more on justice responses (although prevalence and impacts on survivors are included in Fileborn's review but some studies, particularly from the elder abuse field are not included, e.g. O'Keefe et al, 2007;

Naughton *et al*, 2010; Soares *et al*, 2010). This review therefore builds on both of these previous reviews and is wider in scope, examining prevalence by drawing on wider literature from three fields, characteristics of victims, perpetrators and incidents, the impacts of sexual violence across the fields of research and what is currently known about coping strategies. As Hughes *et al* (2005, p.32) has pointed out, 'different forms of interpersonal violence historically have had their own literature and focus' which, in the present context, limits our understanding of sexual violence against older people. There is much to be learnt by examining the literature across other disciplines, which helps to build a more comprehensive understanding of the issues.

The focus of this article is on sexual violence that is experienced by people in old age, rather than abuse that occurred in earlier childhood or adult life (typically referred to as historic abuse). The findings of the relevant research are outlined and the gaps in knowledge highlighted. This paper also considers the current methodological approaches to research in this area and concludes by outlining future directions for research and policy.

## **Problems with existing terminology**

There is no single definition for elder abuse, sexual violence or domestic violence, with different jurisdictions, policies and researchers adopting different definitions, terms and meanings. All three are umbrella terms, which are used to described a range of abusive behaviours, with several overlaps across the three. Johannesen and Dina LoGiudice (2013) suggest there are two key concepts central to elder abuse definitions: that elder abuse involves an act or omission resulting in harm to the older person, and this occurs within a relationship of trust. The focus on this relationship of trust limits the domain of interest to very specific contexts and may inadvertently lead to biased interpretations. Most definitions include

physical, financial, emotional and neglect, however traditionally sexual violence has often been excluded from definitions of elder abuse. For the purpose of this review, elder abuse studies which did not include sexual violence in their definitions were excluded. Thus, the results presented in Table 1 relate specifically to rates of sexual violence rather than other forms of elder abuse. Furthermore, where it was not possible to separate sexual violence specifically from other forms of abuse (for example where sexual violence data is reported within broader 'physical and sexual abuse' categories) these studies have been excluded.

Domestic violence definitions (used interchangeably with intimate partner and domestic abuse in this review) similarly centre on physical, sexual, financial, or emotional abuse (and more recently, coercive control) that is perpetrated by an intimate partner and/or family member (thus excluding rape by friends, acquaintances or strangers). There is considerable overlap between domestic violence and elder abuse definitions, with the primary differentiator being age: when a victim experiences violence by a family member in their 30s, it will probably be labelled domestic violence, but if they experience it in their 60s, it is more likely to be defined as elder abuse.

Perhaps the most useful definition of sexual violence (used interchangeably with sexual abuse in this review), and the one adopted in this review, is provided by the World Health Organisation (2002) which defines sexual violence as: any sexual act, attempt to obtain a sexual act, unwanted sexual comments or advances, or acts to traffic, or otherwise directed, against a person's sexuality using coercion, by any person regardless of their relationship to the victim, in any setting, including but not limited to home and work.

There is also a lack of agreed definition of older, although the World Health Organisation suggest 60 as a starting point for older age. However, the existing research across the three fields use varying starting points, making comparisons of findings difficult. In this review,

literature relating to people aged 50 and over were included to reflect the lower point of some of the existing research, particularly in the domestic violence and sexual violence fields.

The lack of unified definitions of all four terms is problematic and may limit our understandings of violence experience by older people (Whittaker, 1996; Penhale, 2003). However, by acknowledging the different words used in these definitions and incorporating them into the search terms used in this review, it is hoped a more thorough picture of sexual violence against older people will emerge.

#### Method

The purpose of this review is to bring together the existing empirical research on sexual violence against older women. A number of keyword searches were conducted using the following terms: older sexual violence; sexual violence against older people; sexual violence older women; sexual violence older men; older sexual abuse; elder sexual abuse; elder sexual violence; elder abuse sexual, older intimate violence; older domestic violence; older domestic abuse; elder domestic violence. These keywords were systematically entered into the following databases: EBSCOHOST, Ingenta-Ingenta connect and JSTOR. The inclusion criteria were reports, book chapters and journal articles which document empirical research, published in English, that included sexual violence. Thus, studies from elder abuse and domestic violence fields which did not include sexual violence in their definitions were excluded from the review. Existing literature reviews in each field were also analysed for relevant studies.

In total, the databases searches returned 40 relevant articles and an additional 9 relevant articles were found through manual searches of bibliographies and Google searches, which were grouped into three categories: elder abuse, domestic violence in later life and sexual violence against older people. The key domains across the bodies of literature were: prevalence of

sexual violence, characteristics and victims and risk factors, impacts on victims; and characteristics of perpetrators and characteristics of assaults.

#### **Prevalence**

## **Key Findings**

- There is considerable variation across the three fields with respect to the estimated rates
  of previous 12-month sexual violence against older people. However, the range of
  methods and varying sampling approaches mean the rates produced by these studies are
  not necessarily comparable as they do not always estimate the same thing.
- General population of elder studies (typically surveys) generally yield the lowest results (ranging from 0.2% to 3.1%) whilst studies involving specific subpopulations of elders (for example elders seen in health centres or calling helplines) report between 0.2% and 5.2% disclosing sexual violence. The highest disclosure rates are seen in studies examining reported sexual violence across all age groups (usually surveys) ranging from between 1.2 and 17%.
- Furthermore, the nature of the sample also affects the findings; studies utilising samples from criminal justice agencies generally report slightly higher rates of disclosure (2-7%) than health based samples (1.2-5.2%).
- Overall, elder abuse studies tend to yield particularly low rates, ranging from 0.05% to 2%
- Overall, domestic violence literature tends to report higher rates, up to 15%.
- The specific sexual violence literature has limited findings in relation to prevalence due to small sample sizes, however the existing studies have found rates of between 2 and 8% sexual violence in the previous year, though varying methods and samples mean this research is difficult to compare.

- Despite the differences in methodology, discipline and rates, women are victimised at significantly higher rates than men.
- Most of the prevalence research includes men and women, but the vast majority of victims in these studies are female (discussed further in the section 'Characteristics of victims and risk factors for victimisation').

#### Elder abuse literature

The majority of existing elder abuse studies have focused on estimating the prevalence of abuse against the elderly (See Cooper *et al*, 2008). Generally quantitative surveys are used and samples consist of those living in the community who meet the age criteria determined by the researchers, which tends to be 60 and over, although some studies adopt slightly younger or older starting ages. Early studies in the US, Canada, Amsterdam and the UK excluded sexual abuse, including the infamous study by Pillemer and Finkelhor (1988) and some continue to do so (Oh *et al*, 2006; Chokkanathan and Lee, 2005; Wu *et al*, 2012; Yan and Tang, 2001). For example, few studies originating from Asia have included sexual abuse (for an overview see Yan *et al*, 2015).

Internationally, a small number of recent studies have included sexual abuse, however, it is rarely considered a distinct form of abuse; instead it is often viewed as a subset of physical abuse. Furthermore, the definitions of sexual abuse vary – some studies include unwanted sexual communication as well as touching whereas others are limited to physical sexual contact only. However, the primary issue across the studies is the varied methodologies, with some studies examining sexual violence against older people through surveys of the general elder population, whilst others evaluate the number of older people attending specific institutions (e.g. hospitals or sexual assault centres) and others compare prevalence between older and younger cohort samples, usually drawn from a single data source. Consequently, the figures

presented in this review do not always estimate the same thing. Therefore, the prevalence rates must be treated with caution, as they may not accurately reflect rates of sexual violence victimisation and cannot necessarily be compared.

Table 1 – Prevalence of previous year sexual violence victimisation in Elder Abuse Studies

Internationally, a small number of studies have considered the prevalence of elder sexual abuse, with the majority emerging from the USA and some from Asia. Those in Asia (China, Japan and Singapore) have yielded prevalence rates of sexual assault between 0 – 2% (Eisikovits, Winterstein and Lowenstein, 2004; Dong, Simon and Gorbien, 2007; Anme, 2004; Anetzberger and Yamada, 1999). In the USA this is slightly lower (e.g. 0.6% reported in Acierno et al, 2010). In the UK the main two studies yield much lower results; 0.2% (O'Keefe, 2007) to 0.7% (Naughton et al, 2010) and in Europe a recent survey reports previous year sexual violence prevalence of 0.7% (Soares et al, 2010).

#### **Domestic violence literature**

Literature exploring domestic violence against older people has also been concerned with estimating the prevalence. Domestic violence (or domestic abuse) is an umbrella term which includes a range of abuse behaviours including physical, emotional and sexual abuse and different jurisdictions have their own definitions. Some use 'intimate partner violence' rather than domestic violence/abuse to refer specifically to violence perpetrated by partners or expartners.

Table 2 – Prevalence of previous year sexual violence victimisation in Domestic Violence Studies

There have been few domestic violence studies examining prevalence of specific forms of abuse (e.g. sexual). Overall, the European studies range from 2% (Amesberger, Haller and Tóth, 2013) to 23% (Nägele *et al*, 2010). Most studies have involved surveys although some have used data held by criminal justice organisations (Amesberger, Haller and Tóth, 2013) or refuges (Lunday and Grossman, 2004). Internationally, previous year prevalence rates range from 0.8% to 4.9% (Yan and Chan, 2012; Lundy and Grossman, 2004).

#### Sexual violence literature

Internationally, there have been few attempts to measure or estimate the prevalence of sexual violence against older women. The small pool of existing literature exploring sexual violence against older people has reported between 2 and 8 % of samples experiencing sexual violence. These studies are generally quite small and limited to samples drawn from a single source (often criminal justice agencies). Larger surveys (Cannell *et al*, 2014) report lower figures of 0.9%. This reflects the issues with the existing data, as it is not possible to accurately assess the prevalence because of the varying methods and nature of the different samples across the literature. Research utilising criminal justice agency samples, for example, reflect cases that have been reported to official authorities and therefore may present a different cohort to people who do not report to law enforcement but disclose in self-completion population surveys. This is important, as research suggests specific types of sexual violence cases are more likely to be reported, particularly where they confirm to 'real rape' stereotypes involving stranger rapes (Author's Own, 2015; Brown et al. 2007; Ellison and Munro 2009). The vast majority of cases go unreported to official authorities (Office for National Statistics, 2016) thus the extent of sexual violence involving older people that is estimated by these studies is likely to be

significantly less than the true number and the characteristics of perpetrators and victims in these cases may not accurately represent the sexual violence against older people overall.

*Table 3 – Prevalence of previous year sexual violence victimisation in Sexual Violence Studies* Across the three fields, the methods used in the studies impact on the rates of prevalence reported. Broadly, the existing research can be methodologically categorised into three groups: (a) general population of elder studies; (b) specialised subpopulation studies (e.g. elders reporting to a health centre or police station); and (c) population of reported sexual violence of all age groups). Generally, population of elder studies (which typically take the form of surveys) yield the lowest results (ranging from 0.2% to 3.1%) whilst studies involving specific subpopulations of older people report between 0.2% and 5.2% disclosing sexual violence. The highest disclosure rates are seen in studies examining reported sexual violence across all age groups (usually surveys) ranging from between 1.2 and 17%. Furthermore, the nature of the sample also effects the findings; studies utilising samples from criminal justice agencies generally report slightly higher rates of disclosure (2-7%) than health based samples (1.2-5.2%). Similarly, some of the studies aim to estimate how many sexual violence victims are older whereas others estimate how many older people specifically report experiencing sexual violence, and others aim to examine how many women who experience domestic violence report experiencing sexual violence. Those that specifically examine how many sexual violence victims are older through surveys of general populations tend to report lower rates than studies that examine how many older people specifically report sexual violence. Therefore, the existing prevalence data is limited by the varying nature of samples and methods utilised, the definitions of old age and sexual violence and direct comparisons cannot always be made across the existing research.

#### Characteristics of victims and risk factors for victimisation

# **Key Findings**

- The vast majority of older victims across all three fields of research are women.
- White older women are generally reported to be at a higher risk compared to other ethnicities, although some studies are limited to white samples.
- There is considerable variation in the age most at risk across the literature, with some studies reporting the younger end of the samples (50-59 or 60-69) more at risk, and others findings those in older groups experience higher levels of victimisation.
- Older women with lower education status and lower incomes appear to be at a higher risk of victimisation across all three fields.
- Older people with physical and/or mental illnesses or dependencies are at an increased risk compared to those without.
- Regardless of the method or nature of the sample, gender, poor physical health, low income and low education is observed across the studies in all three fields in relation to victimisation.

A number of studies have looked at the characteristics and risk factors for victimisation across the three fields, although few have looked at these characteristics and risk factors in relation to sexual violence specifically. The majority generalise the risk factors for all/any type of abuse. Table 4 provides an overview of the most common victim characteristics reported in the literature and associated with higher levels of victimisation in relation to sexual violence. In some of the studies, sexual violence is considered alongside physical abuse, so some of these characteristics may crossover and it is not possible to separate the specific impacts of sexual violence from those of other forms of physical abuse (for example Naughton *et al*, 2010; O'Keefe *et al*, 2007). However, as others have pointed out, in reality most older people will

experience multiple forms of abuse simultaneously so it is very difficult to separate specific characteristics and impacts for individual forms of abuse (Sev'er, 2009.

*Table 4 – Characteristics of victims and perpetrators* 

#### Gender

Elder abuse, domestic violence and sexual violence studies have all found that older victims are almost exclusively female (e.g. Author's Own, 2015; Ball and Fowler, 2008; Cannell *et al*, 2014; Del Bove and Stermac, 2005; Gorbien and Eisenstein, 2005; Luoma *et al*, 2011; Soares *et al*, 2010). Only one study has looked specifically at sexual violence against older men (Teaster *et al*, 2007). Most of the men lived in care homes and tended to be perceived cognitively as fairly well oriented, with over half of investigations involving men oriented to person (85%) and place (54%), and over a third oriented to time (39%). Most of the men (77%) in investigated cases either were not ambulatory or required physical or mechanical assistance. Over half (64%) either needed assistance with their finances or could not manage them. Over half (54%) had no barriers to communication.

#### Age

There is some variation across the literature in terms of the most common age group of victims, however most studies examining sexual violence among those living in the community have reported those aged in their 60s and 70s report victimisation at a higher rate than those at the eldest end of the spectrum (Author's Own, 2015; Ball and Fowler, 2008; Baker, Sugar and Eckert, 2009; Jeary *et al*, 2005; Lea *et al*, 2011; O'Keefe *et al*, 2007; Naughton *et al*, 2010).

Where the victims live in care homes, those at the oldest end of the spectrum (79–99 years) were more frequently subjected to sexual abuse (Baker, Sugar and Eckert, 2009; Teaster *et al*,

2001; Teaster and Roberto, 2004; Teaster et al, 2007, Ramsey-Klawsnik et al, 2008; Burgess et al, 2000).

## **Ethnicity**

The majority of research has found victims are usually White, compared to other ethnic groups (usually African American, Black and 'other' categories were used) (Baker, Sugar and Eckert, 2009;; Del Bove and Stermac, 2005; Lea *et al*, 2011). However, this may reflect the reluctance of older people from minority ethnic groups to disclose sexual violence and does not necessarily mean they are at less risk. One interesting finding reported in Sommers *et al* (2006) was the higher incidence (for times as likely) of genital injury in White women compared to Black women (although this was the same across all age groups).

## Living arrangement and location of assaults

The majority of sexual violence, domestic violence and elder abuse empirical literature reports rape or other forms of sexual abuse are most likely to occur in the victim's home. An obvious exception is the elder abuse research which focuses specifically on institutional settings (such as nursing homes). In Scriver *et al's* (2013) analysis of survivors accessing rape crisis centres in Ireland, the majority had been victimised in their home, however a significant proportion (35%) had been victimised in an 'other' location such as a car or hotel room.

There is significant variation across the literature in relation to the living arrangement of victims. Some have reported those living alone are at increased risk (Del Bove and Stermac, 2005) whereas others report living with at least one other increases risk (O'Keefe *et al*, 207; Naughton *et al*, 2010). Some research has found higher levels of reported abuse among those living in urban areas (Brozowski and Hall, 2010) whereas others have found living in a village or countryside is associated with higher risk (Naughton *et al*, 2010).

The majority of studies are limited to people living in the community, as most of the large scale surveys and smaller studies exclude people living in care homes or other institutions. Few sexual violence or domestic violence studies have included institutional settings in their data collection, and where they have (for example Ball and Fowler, 2008; Jeary, 2005) they have often found few reported cases. However, some studies, have included institutional settings and have found in these environments perpetrators tend to be the care providers (Baker, Sugar and Eckert, 2009) whilst others have reported facility residents are the most common perpetrators (Roberto and Teaster, 2005).

However, even where studies have not had these limitations, they have found assaults usually occur in the victim's home (Ball and Fowler, 2008), although some research has reported significant proportions do occur in care homes (Jeary, 2005; Teaster *et al*, 2001). Burgess, Ramsey-Klawsnik, and Gregorian (2008) report 284 cases of alleged and confirmed sexual abuse of elders that came to official attention through reports to either law enforcement or APS. About a quarter of the alleged assaults occurred in facilities. Ramsey-Klawsnik *et al* (2008) found 73% of the 124 cases analysed occurred in care homes.

#### **Marital Status**

There is a lack of consistency across the literature in relation to marital status and risk. Elder abuse studies have reported victims who are married report higher levels of victimisation (Naughton *et al*, 2010; O'Keefe *et al*, 2007; Cannell *et al*, 2014) as have some domestic violence studies (Luoma *et al*, 2011) however other studies report being divorced increases risk (Brozowski and Hall, 2010). However, it is likely these differences reflect the focus of the studies; both domestic violence and elder abuse studies usually adopt definitions that limit violence to that committed by either spouse or family members, and do not include strangers.

#### **Income and education**

A consistent finding is that low levels of education and low income have been associated with higher levels of sexual violence victimisation across the three fields of existing research (Brozowski and Hall, 2010; Naughton *et al*, 2010; Soares *et al*, 2010; Cannell *et al*, 2014). However, comparisons with younger groups have not been made, therefore it is not clear whether these issues are specifically associated with age.

# Physical and mental health

# **Key Findings**

- Poor physical and/or mental health are associated with a higher risk of victimisation across the studies
- Dementia/Alzheimer's is reported across several studies as a characteristic of victims, however there may be some bias in some of the studies due to the nature of samples (for example care or nursing home samples).
- It is not always clear whether these conditions are linked to the violence or are preexisting.

Poor physical and/or mental health has also been associated with a higher risk of victimisation (Baker, Sugar and Eckert, 2009; Brozowski and Hall, 2010; Del Bove and Stermac, 2005; Flueckiger, 2008; Luoma *et al*, 2011; Soares *et al*, 2010). In their study of 119 alleged sexual abuse cases involving elder individuals residing in care facilities, Ramsey-Klawsnik *et al* (2008) found victims suffered from a range of physical and psychological conditions. These included dementia (64%), heart disease (45%), diabetes (16%) and Parkinson's disease (8%). They found many victims were dependent on others, with 48% requiring assistance in all activities of daily living. In a recent small study examining 14 cases of sexual violence involving an older victim in Portugal (Pinto *et al*, 2014, p.194) almost 58% of the cases

evidenced relevant previous pathological history; 4 had a physical handicap (sphincter incontinence in case 4, left hemiparesis in cases 8 and 9, and severe hypoacousis in case 14), and 2 had a mental/cognitive handicap (mental retardation and Alzheimer's disease in cases 1 and 12, respectively). Two of the individuals were completely unable to communicate (either through words or gestures) due to their physical and/or cognitive impairments.

A limitation of these findings is that it is not clear whether the victim had these conditions prior to the victimisation, how long for, or whether these were triggered (or exacerbated) by the victimisation. In domestic violence and elder abuse studies, a lack of information for how long the victim had experienced sexual violence (as well as other forms of abuse) also limits our understanding of how the physical and mental health conditions may interact with longevity of victimisation.

#### **Impacts and coping strategies**

# **Key Findings**

- Very few studies have specifically examined impacts by abuse type.
- Notable sexual violence impacts can be categorised into physical and psychological groups.
- Physical impacts include genital trauma, aches and pains, cuts and bruises and sexually transmitted diseases including HIV.
- Psychological impacts include low self-esteem, depression, sleep problems.

In general, the impacts and coping strategies of older people who have experienced sexual violence has not been well researched in elder abuse or sexual violence research, which has tended to focus more on prevalence. The emerging domestic violence research has given more consideration to this area, however there are a lack of longitudinal studies across the three

disciplines so the long-term impacts of sexual violence on older individuals is not understood. Across elder abuse and domestic violence literature there are very few studies which specifically examine the impacts of different types of abuse, therefore the impacts described here relate to abuse generally, unless otherwise stated.

# **Physical impacts**

A number of impacts of sexual violence have been cited in the existing research. Jeary (2005) reports a range of long-term physical and mental health problems following women's experiences of sexual violence which result in a range of impacts requiring painkillers as a result of injuries, or creating long-term problems such as suffering incontinence since the assault.

The literature indicates older women who experience sexual violence are more prone to genital trauma than younger women (Muram *et al*, 1992; Ramin, 1997; Jones *et al*, 2009; Templeton, 2005; Morgan *et al*, 2011). Burgess *et al* (2008) reports that 59% of her sample of sexually abused elders experience genital trauma injuries. Another study by Burgess *et al* (2000) report that over half of the sample of sexually abused women (n=20) died within a year of the assault. However, some studies have found no differences between older victims of sexual assault and younger victims in relation to physical injury. Del Bove, Stermac and Bainbridge (2005) found that vaginal penetration and the presence of physical trauma were just as likely in elder victims as younger victims of sexual assault. Baker, Sugar and Eckert (2009) report that the majority of their sample of sexually abused elders in different living arrangements did not experience any serious injury, with the majority experiencing either no injury or minor injuries (such as bruising). Burgess (2006) reports the majority of victims in her sample (n=284) had visible injuries, and just under 7% had sexually transmitted diseases. A recent study by Soares *et al* (2010) also reported somatic symptoms (such as body aches, pains) were linked to sexual

abuse. Similarly, Morgan *et al* (2011) reported bruising as an impact observed at a higher rate in postmenopausal women.

One notable, specific impact of sexual violence is sexually transmitted infections and HIV. Two studies conducted by Somanti and colleagues (Sormanti and Shibusawa, 2008; Sormanti, Wu, and El-Bassel, 2004) using data from urban health clinics found women aged 50 and older experiencing intimate partner violence were at a higher risk for HIV than women of the same age who had not experienced IPV in the past 2 years. Risk factors for contracting HIV included having a partner who insisted on intercourse without a condom, having intercourse with an IV drug user, and having a sexually transmitted infection.

One of the key limitations of these studies is that they tend to treat rape or sexual assault as an isolated and discrete event (Bright and Bowland, 2008; Mann *et al*, 2014). Other factors including pre-existing physical and/or mental health conditions, socio-economic factors and experiences of previous abuse are not considered. As such, it is not possible to state the cause and effect of sexual assault and negative health implications reported in these studies.

#### **Psychological impacts**

Ramsey-Klawsnik (2003) is one of the few studies to look specifically at the impacts of elder sexual abuse against women and men. Older male victims of sexually abusive spouses displayed psycho-social consequences similar to the long-term victimization of women, including low self-esteem and hopelessness. Also, like female victims, males were reported to experience multiple barriers to leaving a long-term violent marriage (such as emotional, social, and financial attachment to the abuser and the perceived duty to remain to care for the spouse). Burgess (2006) also found numbness, appearing withdrawn, sleeping problems, depression and

psychological upset were frequently reported. Jeary (2005) reports older survivors experiencing a range of psychological impacts including flashbacks and nightmares, problems sleeping, anxieties and fears about leaving their home or, if the attack happened in their home, fear of living in the property resulting in some older women moving house or into residential care settings.

# Perpetrator and assault characteristics

# **Key Findings**

- Across the research the vast majority of perpetrators are male.
- A significant body of research has found perpetrators are often much younger (more than 30 years) than victims.
- Perpetrators are usually known to victims, although some research has found higher reports of stranger assaults compared to younger victims.
- Some research has found perpetrators tend to have previous convictions (for sex or other offences).
- It is not known whether perpetrators are also perpetrating violence against non-elders.

There are marked differences across, and within, the three fields with respect to perpetrator characteristics. As Burgess *et al* (2007) note, one of the few indisputable conclusions about sexual offenders is that they constitute a markedly heterogeneous group. The childhood and developmental histories, adult competencies and criminal histories of sexual offenders differ considerably. The motives and patterns that characterise their criminal offences also differ considerably.

## Relationship

Given the definitions of elder abuse and domestic violence which tend to be limited to abuse perpetrated by a spouse, family member or someone in a trusted relationship, the majority of elder abuse and domestic violence studies have found perpetrators to be either spouse or adult children (Naughton *et al*, 2010; O'Keefe *et al*, 2007) although some of the elder abuse research has found acquaintances or friends to be the most common perpetrator (Soares *et al*, 2010). The sexual violence research reports inconsistent findings; some studies have commented on the high levels of stranger rapes (Groth, 1978; Jeary, 2005; Burgess, 2006; Burgess *et al*, 2007) whereas other research has found perpetrators are usually known to the victim (Ramsey-Klawnsik, 1991; Pollock, 1988; Pinto *et al*, 2014; Teaster *et al*, 2001) although some have only known the victim for a short amount of time (Baker *et al*, 2009) which Safarik *et al* (2002) describe as a relative stranger.

## Age of perpetrators

The early literature (and some of the most recent work) reported that perpetrators were younger than their victims, in some cases observing more than 30 years difference between the victim and perpetrator (Author's Own, 2015; Groth, 1978; Pollack, 1988; Ball and Fowler, 2008; Burgess *et al*, 2007; Jeary, 2005). However, other studies have contradicted these findings, (Roberto and Teaster, 2005; Teaster *et al*, 2001; O'Keefe *et al*, 2007) reporting that perpetrators are most likely to be a similar age to the victim. The variation in age at least party reflects the type of study: domestic violence and elder abuse studies, by definition, do not include rapes perpetrated by strangers, and it is more likely that partner or carers will be a similar age to the victim, whereas studies like Groth and Pollack were stranger rape samples which would explain the significant age differences reported in those studies.

### Violence

Early studies reported high rates of physical violence and the use of weapons in older sexual violence cases. Groth's (1978) sample of 170 sexual offenders convicted of sexually assaulting a woman aged 50 or older, 60% seriously injured their victims, 43% savagely beat them, 7% stabbed their victims, and 10% murdered the women. Groth (1978) also reported that in 60% of his sample a weapon was used and in a similar number of cases the victim sustained a serious injury. Pollock's (1988) study compared clinical records of five men who had sexually assaulted older women with seven men who had assaulted younger women revealed the majority of offenders who sexually assaulted older women used excessive force (more than required to overcome the victim's resistance) and most used a weapon. In addition, more than half either killed or tried to kill their victim. In contrast, only one of the men who assaulted younger women used a weapon and none inflicted life threatening injuries on their victims. Similarly, Burgess *et al* (2007) and Jeary (2005) report high levels of violence in cases involving older victims.

Other research has reported no significant differences between cases involving younger and older victims in terms of weapon use. For example, Lea *et al* (2011) found no significant statistical difference between older and younger victims of rape and sexual assault with respect to the violence used during the attack. Ball and Fowler (2008) compared 16 older female victims aged 60 and over with 832 younger victims, aged 18-40. They found sexual offences committed against older female victims were not more likely to be more severe or be associated with a greater degree of violence.

## **Perpetrator backgrounds**

Perpetrators of physical and sexual violence against elders have often been assessed as displaying antisocial behaviour and traits of psychopathology (Burgess, 2006; Burgess *et al*, 2007, Ramsey-Klawsnik, 2003 in Brozowski and Hall, 2010). Some of the existing literature has observed that perpetrators are often financially dependent on the victim (Roberto and Teaster, 2005) and are substance misusers (Brozowski and Hall, 2010) or have problems with alcohol (Naughton *et al*, 2010; Roberto & Teaster, 2005).

Some research has found perpetrators usually have previous convictions for either sexual or non-sexual offences (Jeary, 2005; Lea *et al*, 2011; Pinto *et al*, 2014). However, it is not clear whether perpetrators of sexual violence against the elderly are more likely to have previous convictions than those who commit offences against younger people.

#### Conclusion and future directions for research and practice

Although the three fields of inquiry discussed in this paper are distinct areas of scholarship (elder abuse, domestic violence against older people and sexual violence against older people) there are overlaps across all three. Modern definitions of elder abuse and domestic violence across jurisdictions incorporate abuse perpetrated by partners, family members and others in trusted relationships. Furthermore, the existing research has shown that sexual violence against older people tends to be committed by partners or other family members (with the exception of the few studies which have found higher levels of stranger attacks) and thus would fall under either the elder or domestic violence definitions.

Whilst the findings with respect to victim and perpetrator characteristics, location of assault and motivations of offenders are not entirely consistent, there are a number of similarities shared across all three fields. Women, who are White tend to be the most at risk, and those with physical and/or cognitive disabilities, in particular dementia, are at higher risk. The sexual abuse tends to occur either in the victim's home or in an institutional setting where the victim lives, the perpetrator is typically known to the victim and is either a spouse or other family member. There are some studies which suggest a significant minority of perpetrators might have alcohol or other substance abuse problems and have previous criminal records/have served prison sentences.

Furthermore, the disciplines have all produced similar findings in relation to the impacts and consequences of sexual violence on victims – a range of negative physical and psychological consequences have been reported in the existing studies, including physical injuries, incontinence, sleep disturbance, depression, anxiety and a range of coping strategies, including alcohol and drug misuse, although both the impacts and coping strategies have received little attention (reflecting the lack of longitudinal studies) and require further research to explore more thoroughly. Thus, the three fields appear to be producing broadly similar themes across the research – however, what distinguishes each field from the other are the theoretical and methodological underpinnings of each discipline which influence the terms used. Furthermore, the limitations of the definitions of elder abuse and domestic violence limit populations and therefore limit what can be said about typical characteristics of offences.

Whilst few studies explicitly define their theoretical approach, elder abuse has been traditionally rooted in biological and social gerontology, whereas domestic violence has been mainly approached from a feminist perspective. The existing specific sexual violence against older people research sits somewhere in-between and is currently characterised by a lack of theoretical grounding, something which has not gone unnoticed (Ball, 2005; Jones and Powell,

2006) and which requires future attention. There is also significant variation in the methodology adopted by each discipline. Elder abuse studies have tended to be quantitative in nature, focusing on estimating prevalence of different types of abuse through surveys, whereas domestic violence studies have been more qualitative in their methodology and focused more on the nature and impacts of sexual violence against older women. Sexual violence studies have also tended to be more qualitative, though a number of studies have adopted quantitative approach and some have mixed methods.

There are a number of notable gaps in the existing literature across all three fields. There is generally a dearth of research exploring sexual violence against older people – the existing research is often hidden in broader elder abuse or domestic violence studies and many do not separate the different behaviours encompassed within these umbrella phenomenon, making it difficult to analyse the specific characteristics of victims and perpetrators and impacts on victims in relation to sexual violence specifically. Many elder abuse studies continue to exclude sexual violence from their methodology.

Little is known about the long-term impacts of sexual violence, as there are no known longitudinal studies underpinning the existing literature. Furthermore, the majority of studies exploring domestic and sexual violence against older people suffer a number of methodological limitations, including small sample sizes which are typically drawn from single sources (individual police databases, convenience case selection from rape crisis centres or health databases) and are almost exclusively focused on the experiences of heterosexual women. The majority of samples are limited to older people living in the community, perhaps reflective of the ethical and methodological challenges in researching populations in institutions, particularly if there are additional health considerations such as dementia.

Little is known about the impacts of sexual violence on older lesbian, gay, bi-sexual and/or transsexual individuals. Furthermore, there have been few studies exploring the experience of male victims of sexual violence, an area which warrants urgent attention. Moreover, certain marginalised groups are underrepresented in the existing research – the majority of the research in all three fields is limited to predominantly white victims and white perpetrators, with a few notable exceptions (Eisikovits, Winterstein and Lowenstein, 2004). The coping strategies of women who have been sexually victimised is under-researched, although there are some indications from the domestic violence literature that pathogenic coping strategies such as alcohol abuse are observed in older populations, although it is unclear whether this is at a higher rate than younger populations.

Finally, there is a lack of research examining or evaluating existing prevention initiatives and how these apply, or how they can be developed, to include older populations. In particular, bystander intervention programmes (Coker *et al*, 2011; Gibbons, 2013) have been evaluated in relation to younger populations, usually at colleges or university, and there is a lack of understanding of how these may be useful with older populations.

# Priorities for future research

The existing studies have made important initial contributions to our knowledge of sexual violence against older people, particularly women, who appear to be the most at risk. However, much more is required to develop our understanding further. In particular, future research may wish to prioritise the following:

- Include the experiences of older victim-survivors; focus on particular groups of older victim-survivors, including those from BME backgrounds, male survivors and those living in other marginalised communities such as travellers.
- Examine the longitudinal impacts of sexual violence against older people. Particular issues also warrant further exploration, for example the coping strategies used by older victims, such as alcohol.
- Importantly, which specifically examines the intersecting areas of age, gender, and other characteristics is needed, as the research to date across all three fields suggests women are the vast majority of victims and men the vast majority of perpetrators.
- Little is known about perpetrator backgrounds and there has been no research examining treatment or programmes for perpetrators of older sexual violence.
- It is not known whether perpetrators are also perpetrating violence against non-elders.

  This would be interesting to explore; are there links between elder abuse and domestic violence, for example? Do perpetrators who abuse their elderly parents also perpetrate violence against their spouse?

## **Implications for practice**

- Practitioners working in age-related and sexual violence organisations should be aware that older people can be victims of sexual violence.
- The needs of older people may be different to those of younger victims; research shows genital trauma is more likely in older groups and existing conditions may be exacerbated (for example heart disease).
- Whilst older victims may not be affected by some sexual health issues, such as
  pregnancy, resulting from the rape, practitioners should be mindful of sexually
  transmitted diseases (including HIV).

Little is known about victim coping methods however practitioners should be mindful
that alcohol abuse may be an issue in older populations. Similarly, positive coping
strategies that have helped older survivors need to be identified and considered in future
support plans.

# **Implications for policy**

- Sexual violence must be recognised and conceptualised as such, rather than being
  considered under broader headings which serve to obscure the existence of this form of
  gendered violence. The inconsistency in the definitions used makes it difficult to
  analyse sexual violence against older people.
- It appears that women with physical and/or cognitive impairments are at a higher risk of victimisation and policy must be developed to protect these vulnerable groups.
- Where victims living in care homes, residents have been identified as the most common perpetrators in several studies. Policies must balance respect for resident's privacy with the need to protect people from sexual violence.

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## **Tables**

Table 1 – Prevalence of previous year sexual violence victimisation in Elder Abuse

Studies

Authors	Year of	Method	Rates of disclosure
	Publication		
Acierno et al	2010	Quantitative survey of 5777	0.6% of older people
		adults aged 60 and over from	reported previous year
		general population using	victimisation.
		computer-assisted telephone	
		interviewing.	
Anetzberger and	1999	Qualitative analysis of 150	0.7% of calls were
Yamada		records of elder abuse from	sexual violence
		telephone helpline in an 18-	disclosures - however,
		month period were analysed	calls made by victims
		(March 18 1996 and	and third parties
		September 30 <sup>th</sup> 1997).	
Anme	2004	Qualitative interviews with 78	1.3% elders disclosed
		people aged 60 or over who	sexual violence.
		were residents of agricultural	
		village near large urban centre	
		in Japan.	
Cannell et al	2014	Quantitative survey data from	0.9% reported sexual
		24,343 of older adults aged 60	violence
		and over from the 2005	
		Behavioral Risk Factor	
		Surveillance System.	

Dong, Simon	2007	Quantitative survey of	1.2% disclosed sexual
and Gorbien		412 people in China aged 60	violence
		years or older who presented	
		to a single urban medical	
		centre in July 2005.	
Eisikovits, Z.,	2004	Quantitative survey of 1045	2.% disclosed sexual
Winterstein, T.,		persons, 392 men above the	violence
and Lowenstein,		age of 65 and 650 women, 60	
A.		and older.	
Naughton et al	2010	Quantitative survey interview	0.05% (rising to 0.7%
		of 2,021 people aged 65 and	when acquaintances
		over in Ireland.	were included)
O'Keefe	2007	Quantitative survey interview	0.2% disclosed sexual
		of 2111 individuals aged 66	violence
		and over in UK.	
Soares et al	2010	Quantitative survey across	0.7% disclosed sexual
		seven European countries with	violence
		total sample of 4,451 people	
		aged 60-84. 57.3% were	
		women.	

Table 2 – Prevalence of previous year sexual violence victimisation in Domestic Violence
Studies

Authors	Year of	Method	Rates of disclosure
	Publication		
Amesberger,	2013	Qualitative analysis of 554 case	2% reported sexual
Haller and		files involving women aged 60	violence
Tóth		and over drawn from CJS	
		institutions from 6 European	
		countries.	
Lisboa et al	2009	Quantitative - two questionnaire	17% of all women who
		surveys to a sample of 1000	were victims of recent
		women and 1000 men aged 18	sexual violence were 65
		more years.	years or over.
Lundy and	2004	Analysis of cases of women aged	5.2% disclosed sexual
Grossman		65 and older accessing a refuge	violence
		between 1990 and 1995 in a large	
		mid-western state in the USA	
		(n=1057). 75.4% were White.	
Luoma et al	2011	Quantitative survey of 2880	3.1% reported sexual
		women aged 60 and over across	violence
		five countries during 2010.	
Yan and Chan	2012	Secondary analysis of a	1.2% of the cases
		quantitative household survey to	involved sexual
		examine domestic violence (n=	violence.
		5,049) in Hong Kong. 937 cases	

involved a victim aged 60 and	
over.	

		Studies	
Authors	Year of	Method	Rates of
	Publication		disclosure
Author own	2015	Anonymised for review	Anonymised for
			review
Amir	1971	Quantitative statistical analysis of all	3.6% of cases
		police recorded data of rape cases in	involved a victim
		Philadelphia between January 4 <sup>th</sup> 1958	aged 50 or over
		and December 31st 1958, and January	
		1st 1960 and December 31st 1960	
		(n=646) including a specific	
		examination of adults aged 50 and over.	
Ball and	2008	Quantitative analysis of police recorded	Proportion aged
Fowler		data of sexual offences in single force	years and above v
		area in rural south east of England	5.1%, 55 years a
		(n=1061) between April 1st 1999 and	over 3.0%,
		June 20th 2004. Comparison of cases	60 years and m
		involving those 60 and over.	1.7%, 65 years a

			above 0.8%, and
			years and more
			0.4%.
Cartwright	1989	Qualitative analysis of 740 sexual	2.7% of victims
and Moore		assault victim treatment records in an	were aged 60-90
		inner city hospital.	
Macdonald	1971	Qualitative analysis of 200 cases of rape	7% aged 50 and
		in Denver.	over
Scriver et al	2013	Quantitative analysis of rape crisis data	6% aged 55 and
		in Ireland in 2011 relating to women of	over
		all age groups (n=2036).	

	Table 4 – Characteristics of victims and perpetrators					
Author	Year of	Disciplin	Base	Characteristics	Characteristics of	
	Publicati	e	sample	/risk of victims	perpetrators	
	on					
Author	2015	Anonymi	Anonymis	Anonymised for	Anonymised for review	
own		sed for	ed for	review		
		review	review			

Baker,	2009	Sexual	Women	White (70.2%)	Male (77%)
Sugar		Violence	who	In 60s (ranged	Known to victim (75%)
and			attended	50-98)	
Eckert			urban	Living in	
			sexual	domestic setting	
			assault	Dementia (106	
			centre	of 198 cases)	
			between 1st	Physical	
			January	disability (43	
			1998 and	cases)	
			31 <sup>st</sup>		
			December		
			2006 (198		
			cases		
			involved		
			woman		
			aged 50 or		
			older).		
			70% of the		
			sample		
			were White		
			(African		
			American		
			and Native		
			American		

			were over		
			represente		
			d in the		
			sample).		
Ball and	2008	Sexual	All	Female (100%)	Male (100%)
Fowler		Violence	recorded	Aged 60-69	Aged 50+ (66%)
			sexual		
			offences		
			recorded at		
			single		
			police		
			force in		
			semi-rural		
			county in		
			south east		
			of England		
			between 1st		
			April 1999		
			and 20 <sup>th</sup>		
			June 2004.		
Brozow	2010	Elder	Analysis of	Female	
ski and		Abuse	Canadian	Living in an	
Hall			General	urban area	
			Social	Divorced	
			Survey	Low income	

			1999 –	Youngest and	
			respondent	oldest end of	
			s aged 65-	spectrum	
			80 (n=3,	Chronic sleep	
			366) male	problems	
			and	Health	
			female.	limitations	
Burgess	2006	Sexual	284	Female (93.2%)	Male (87.5%)
		Violence	forensic	White (82.3%)	Stranger (26%)
			cases of	Aged in 80s	Aged 30-39 (27%)
			adults aged	(34.3%)	
			60 and	Domicile	
			over drawn	locations (70%)	
			from multi-		
			disciplinar		
			y group		
			who		
			investigate		
			d or		
			examined		
			the cases.		
			82.3% of		
			sample		
			were White		
			and 93.5%		

			were		
			female.		
Cannell	2014	Sexual	Sample of	Female	
et al		Violence	24,343	Aged 60-69	
			adults aged	(59%)	
			60 and	White or 'other'	
			over from	ethnicity (73%)	
			the	Low income	
			Behaviour	(26%)	
			al Risk	Married or in	
			Factor	non-married	
			Surveillanc	relationship	
			e System.	(36%)	
				Fair or poor	
				general health	
				(46%)	
				Dissatisfaction	
				with life	
				At least one poor	
				mental health	
				day in the	
				previous month	
Davis	1979	Sexual	Case	Assaulted in	Male (100%)
and		Violence	histories of	own home	Strangers 68%
Brody			87 women	(73%)	

			over the	
			age of 50 in	
			New York	
			and	
			Philadelphi	
			a who had	
			been raped.	
Del	2006	Sexual	Sample	White (86%)
Bove		Violence	drawn	Single (32.8%)
and			from	or widowed
Stermac			hospital	(27.9%)
			based	Lives alone
			sexual	(42.6%)
			assault care	Psychiatric
			centre in	history (41%) or
			metropolit	cognitive
			an area of	disability
			Ontario	(19.7%)
			between	
			1992-2002	
			involving	
			women	
			aged 55	
			and over.	

			85% were				
			White.				
Groth	1978	Sexual	Data drawn	Male (	100%)		
		Violence	from 170	More	than	30	years
			offenders	younge	r than	victin	1
			referred to	Strange	er		
			a forensic				
			psychiatric				
			facility in				
			Massachus				
			etts				
			between				
			1970 and				
			1975 who				
			had				
			assaulted				
			adult				
			victims, of				
			which 12				
			had				
			offended				
			against a				
			woman				
			aged 50				
			and over.				

Holt	1993	Sexual	90 cases of	Female	
		Violence	sexual	Dementia	
			violence	Frail	
			involving		
			an adult		
			aged 75 or		
			older		
			known to		
			protective		
			services in		
			England.		
Jeary	2005	Sexual	Cases of	Aged in 70s or	Aged 16-30
		Violence	adult male	80s	Previous conviction for
			offenders		sexual offences,
			who had		significant number
			committed		against elderly
			offences		Stranger
			against an		
			older		
			female		
			from social		
			services		
			and the		
			prison		

			service in		
			England.		
Lea et al	2011	Sexual	Data drawn	White (97%)	Male
		Violence	from	Mean age 77	White (94%)
			Serious		Previous convictions
			Crime		(100%)
			Analysis		
			Section of		
			the UK		
			National		
			Policing		
			Improvem		
			ent		
			Agency.		
			All cases		
			since 1998		
			involving		
			female		
			victims		
			aged 60 or		
			older. 97%		
			were		
			White.		
Luoma	2011	Domestic	Survey of	Married	Partner (55.4%)
et al		Violence	2,880	Retired	

			women	70-79 and 80+	
			across 5	Poor physical	
			European	and mental	
			countries	health	
			in 2010.		
Muram	1992	Sexual	Data drawn	Black (60.4%)	Male
et al		Violence	from 53	Victimised at	Strangers (79%)
			cases of	home (71.7%)	Black (81.1%)
			elder		
			sexual		
			violence		
			and 53		
			cases		
			involving		
			younger		
			victims in		
			Tennessee		
			at a non-		
			hospital		
			based		
			clinic.		
Naught	2010	Elder	Quantitativ	Female	Adult children or spouse
on et al		Abuse	e survey	Married or	Alcohol problems
			interviews	widowed	
			of 2,021		

			people	Lives with	
			aged 65	spouse and at	
			and over in	least one other	
			Ireland.	Lives in	
			55% were	village/town or	
			women and	open	
			98%	countryside	
			White.	Low levels of	
				education	
				Low income	
				Aged 70-79	
				Poor/very poor	
				self reported	
				health	
				Poor community	
				social support.	
O'Keef	2007	Elder	Quantitativ	Female	Over half were partner /
e et al		Abuse	e survey	Married or	spouse, 49% another
			interviews	divorced	family member,
			of 2111	Lives with at	Men
			individuals	least one other	Aged 65-74
			aged 66	Aged 66-74	Retired
			and over in	Poor health	
			UK. 57%	and/or long-term	
			were	illness	

			women and		
			98%		
			White.		
Pinto et	2014	Sexual	Data drawn	Female (100%)	Male (100%)
al		Violence	from	Lived alone	Low level of education
			clinical	(70%)	(100%)
			databases	Physical or	Known to the victim
			of the	mental handicap	Mean age of 47.7
			National	or impairment	Previous convictions
			Institute of	(58%)	
			Legal		
			Medicine		
			of Portugal		
			and		
			Forensic		
			Sciences		
			between		
			2005 and		
			2009		
			involving		
			victim		
			aged 65		

			and over	
			(n=14).	
Pollock	1988	Elder	Data drawn	Male (100%)
		abuse	from	Known to victim
			clinical	Unemployed
			records of	
			5 men who	
			had	
			sexually	
			assaulted	
			women	
			aged 60 or	
			older	
			between	
			1977 and	
			1985 and	
			referred to	
			the	
			Forensic	
			Service of	
			Clarke	
			Institute of	
			Psychiatry	
			in USA.	
			This was	

			compared		
			with 5		
			cases		
			involving		
			younger		
			women.		
Ramsey	1991	Sexual	Data drawn	Female (100%)	Male (98%)
Klawnsi		Violence	from 28		Care giver (family
k			cases of		member – son or husband)
			suspected		(81%)
			elder abuse		
			referred to		
			protective		
			services.		
			All victims		
			were		
			female.		
Ramsey	2008	Sexual	Data based	White	Male (78.4%)
Klawsni		Violence	on 119	Dependant on	White (60%)
k et al			cases in	others for daily	Employees (43%)
			care	care	
			facilities	Living in a care	
			involving	home	
			alleged	Dementia	
			sexual	Heart disease	

			violence	Diabetes	
			perpetrator	Diagnosed	
			s reported	disabilities of	
			to state	the alleged	
			authorities	victims were:	
			across 5	cognitive	
			states in	psychiatric,	
			the USA	physical,	
			between 1st	developmental,	
			May 2005	and sensory	
			and 31st		
			October		
			2005.		
Roberto	2005	Sexual	Aggregate	Female (100%)	Male (98%)
and		Violence	d data from	Living in a	Family member or care
Teaster			125	nursing home	home residents
			substantiat	(67%)	Aged 60+ (74%)
			ed Adult		
			Protective		
			Services		
			cases of		
			sexually		
			abused		
			women		
			were		

			collected		
			between		
			1st July		
			1996 and		
			30th June.		
			2001.		
			Women		
			older than		
			59 years		
			represente		
			d		
			63% of the		
			cases.		
Soares	2010	Elder	Quantitativ	Female	Friends/acquaintance/nei
et al		Abuse	e survey	Supported by	ghbours
			across	spouses/partners	
			seven	and other	
			European	financial means	
			countries	Using health	
			with total	care service	
			sample of	frequently	
			4,451	In paid work	
			people		
			aged 60-		
			84.		

Teaster	2001	Sexual	Aggregate	Female (95.2%)	Nursing home resident
et al		Violence	d data from	Living in care	(75%)
			Adult	home (80.9%)	Aged 70+ (24.3)
			Protection	Eldest end of the	Dementia (29.6%)
			Services	spectrum (80+)	Drug/Alcohol abuse
			case files	(47.7%)	(14.8%)
			in Virginia	Unable to	
			involving a	manage	
			victim	finances/low	
			aged 60 or	levels of	
			older	orientation	
			between 1st		
			July 1996		
			and 30 <sup>th</sup>		
			June 1999		
			(n=42).		